



BALTIMORE RESEARCH

DAILY SELECTIONS



PLEASE CHOOSE ONE OPTION PER GROUP PER MEAL,
AND PLEASE ALLOW TWO HOURS NOTICE FOR PREPARATION

• BREAKFAST •

CONTINENTAL BREAKFAST

Coffee • Tea • Juice • Pastries • Bagels • Fresh Fruit • Yogurt • Granola

HOT BREAKFAST

Coffee • Tea • Juice • Pastries • Bagels • Fresh Fruit • Yogurt • Granola
 Bacon Sausage Scrambled Eggs Quiche Waffles Home Fries

• LUNCH / DINNER •

CRABCAKES

LUNCH DINNER

Oven Roasted Red Potatoes
 Penne Pasta with Blackened Chicken
 Fresh Vegetable, Greek Salad
 Dessert

ROTISSERIE CHICKEN

LUNCH DINNER

Mashed Potatoes and Gravy
 Biscuits, Fresh Vegetable
 Garden Salad (Selection of Dressings)
 Dessert

ITALIAN

LUNCH DINNER

Choice of: Spaghetti with Meat Sauce
 Fettuccine Alfredo Baked Ziti
 Lasagna (Meat or Vegetarian)
 Caesar Salad, Homemade Garlic Bread,
 Cannolis

CATCH OF THE DAY

LUNCH DINNER

Fresh Broiled Fish (Selection Varies)
 Steamed Rice or Orzo
 Steamed Vegetables, Garden Salad
 (Selection of Dressings), Dessert

(Lunch/Dinner options continued on back)



• LUNCH / DINNER •

GOURMET DELI OR ASSORTED
GRILLED PANINIS

LUNCH DINNER

Chef's Selection of
 Deli Sandwiches or Grilled Paninis
Deviled Eggs, Pickles, Vegetable Pasta Salad
Chips and Pretzels, Dessert

SUSHI DELIVERY

LUNCH DINNER

(Ask for our menus for selections)

PIZZA DELIVERY

LUNCH DINNER

(Ask for our menus for selections)

Homemade Garlic Bread
Caesar Salad, Dessert

ASIAN DELIVERY

LUNCH DINNER

(Ask for our menus for selections)

HORS D'OEUVRES

LUNCH DINNER

(Please allow an hour and a half for hot items.)

- Cheese and Crackers Shrimp Cocktail Vegetable Platter Chili Cheese Dip
 Meatballs (Sweet/Sour or w/ Marinara) Crab Balls Fresh Fruit Plate
 Hummus and Pita Chicken Teriyaki Skewers Seven Layer Bean Dip Dessert

*Combine any 4 for the **Heavy Hors D'oeuvres Meal**.*



• ADVANCED NOTICE FARE •

THE FOLLOWING MENU OPTIONS ARE AVAILABLE WITH **24 HOURS** ADVANCED NOTICE

LUNCH DINNER

- MEXICAN BUFFET** Beef and Chicken Hard and Soft Tacos, Rice, Black Beans,
Salsa, Guacamole, Cheese, Sour Cream, Chili Cheese Dip, Tortilla Chips, Dessert
- SURF & TURF** Lobster Tail, Petit Filet, Mashed Potatoes, Green Vegetable, Garden
Salad (Selection of Dressings), Dessert